

Tree of Life Charter School

— A Montessori Public Charter School —

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Ukiah, CA 95482

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To the parents or guardians of students at Tree of Life Charter School:

California Education Code Section 48980 requires that you are notified in writing on how to initiate access to available pupil mental health services on campus or in the community, or both. The mental health of your student is very important to us, and, as always, we are ready to work with you to coordinate on any issue that may involve the social-emotional needs of your student. Below are local resources that may be available to you and your student should the need arise. Please keep us informed as appropriate so that we can assist you in caring for and providing services to your student.

- *A reminder that most private health care plans (e.g.: Blue Shield, Blue Cross, Health Net, etc.) and Medi-Cal offer mental health care and/or cover mental health services as a covered benefit;*
- *Mendocino County 24/7 toll-free crisis line: 855-838-0404;*
- *California Youth Crisis Line: 800-843-5200;*
- *Mendocino County Behavioral Health and Recovery Services Administration, 1120 S. Dora St., Ukiah; www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services; 707-472-2300;*
- *Tapestry Family Services, 290 E. Gobbi St., Ukiah; tapestryfs.org; 707-463-3300;*
- *Redwood Community Services, 631 S. Orchard St., Ukiah; redwoodcommunityservices.org; 707-467-2010;*
- *Mendocino County Youth Project, 776 S. State St, Ukiah; 707-463-3915*

Please let me, your student's teacher, or any of the administrative staff know if we can be of further assistance to you or your student.

Sincerely,



Celeste R. Beck
Principal